



Comenius 2.1
E:BOP

Empowerment: Burn Out-Prevention

Centro de Apoyo al Profesorado de Retiro (Madrid)

Seminardesign Module 3

Spain

New ways of teaching and learning

(29th May to 1st June, 2003)

A Preface

In order to develop Module 3 objectives, we had planned to do it about new ways of learning and teaching. A good way of avoiding some of the problems that cause the burn-out syndrome in teachers is starting to see education from a more positive point of view.

Our aim is to have faith in what we do so that we can create with pupils in class and with other teachers at school. To achieve this aim it is necessary to know some strategies and rely on the development of Emotional Intelligence.

B Aims/Targets of Module :

General Aims

- Enable the experience interchange.
- Introduce alternatives that can make the educational process easier.
- Develop and diffuse innovating pedagogical methods.
- Increase the job satisfaction by the introduction of new learning methods

Specific Aims

- Analyse different kinds of teacher in order to decide with which one we identify ourselves.

-Adapt the type of teacher to the educational necessities of the 21st. Century.

- Know the capacities that can be developed with the knowledge of the Emotional Intelligence.

- Encourage innovation in the class by means of proposals which can recover imagination and creativity.

-Enable resources in order to provoke, incite, challenge and motivate the pupils.

-Create new ways of teaching that can help teachers and pupils to be connected with the world and reinvent the school.

-Discover strategies in order to believe in what we do and create in the class and among the teachers.

C Persons involved

1. Participants:

24 teachers:

10 from Secondary school

11 from Primary school

2 from Pre-primary school

1 from adult school

21 women and 3 men

They come from public, private and semi-private schools

2.Trainers/Referents:

Olga Casanova Caballero. Pedagogue, teacher trainer, writer and investigator.

Jerónimo García Ugarte. Philosopher, human resources specialist and teacher trainer.

Lourdes Bazarra Rodríguez. Teacher trainer, test-books co-author and teacher.

Raquel Blaya Andreu, the on-line session.

Antonia Sagredo Santos, feed back module 2

Consuelo Sanchidrián Cid, Module 3 introduction.

D The seminar

1. Date/ Place/Duration:

29 (session 1), 30 (session 2), 31 (sessions 3 & 4), 1 (session 5) May-June 2003. Madrid. Twenty five hours in five sessions.

2. Contents:

- **Being teacher in the 21st century: a challenge and a responsibility.** Watch and analyse various teaching models in order to decide which is the one required nowadays. Expose in group which teachers we remember and why.

- **Believe and innovate in the classrooms and among the teachers from the Emotional Intelligence.** How to share and create solutions so as to face the new challenges among the teachers and in the classrooms. Contributions of Emotional Intelligence. DAFO techniques of teaching analysis.

- **The methodological revolution as a way of preventing the burn out.** The methodology as strategy to prevent the burn out. New methodologies I. Wall chart for the group work and analysis.

- **New methodologies. New ways of teaching and learning.** New methodologies II. The music as a teaching resource. Material creations. Intensify the creativity proposals in order to enable new ways of learning and teaching.

Módulo III: 29 de mayo a 1 de junio de 2003.

Destinatarios: Profesores de todos los niveles educativos.

Número de plazas: 25.

Duración: **jueves 29:** Sede: CAP Retiro de 17 a 21,30 horas.

viernes 30: Sede: Hotel Escuela de la CAM. 17-21,30 horas. (Se cena y se pernocta en el centro).

sábado 31: Sede: Hotel Escuela de la Comunidad de Madrid. 9:00-14:00 horas, y 16:00 a 21:00. horas. (Se incluye pensión completa)

domingo 1: Sede: Hotel Escuela de la CAM. 9:00-14:00. (Se incluye y desayuno y comida).

Coordinación: Consuelo Sanchidrián Cid.

Ponentes: **Antonia Sagredo Santos**, asesora del CAP Retiro.

Raquel Blaya Andreu, asesora del CAP Retiro.

Lourdes Bazarra Rodríguez, formadora, profesora y coautora de libros de texto.

Jerónimo García Ugarte, Máster en Recursos Humanos, formador, profesor e investigador.

Olga Casanova Caballero, formadora, profesora, investigadora y autora.

Contenido y distribución de las sesiones del Módulo III en España.

SESION 1.

Jueves, 29 de mayo 2003: Sesión de Trabajo en el CAP de Retiro de 17 a 21,30 horas.

-Presentación del Módulo III. **Consuelo Sanchidrián Cid.**

-Feed-back del Modulo II: **Antonia Sagredo Santos**

-Participación en una sesión on-line con los participantes en los cursos que se están celebrando paralelamente en Luxemburgo, Austria y Hungría. **Raquel Blaya Andreu.**

SESION 2.

Viernes, 30 de mayo de 2003: Sesión de Trabajo en el Hotel-Escuela de la CAM. 17 a 21,30 horas. **"Ser profesor en el siglo XXI: un reto y una responsabilidad"** Se visualizarán diferentes modelos docentes y analizarán para decidir el modelo de profesor que la educación del siglo XXI requiere.

-Ponencia a cargo de Jerónimo García Ugarte y Lourdes Bazarra Rodríguez.

SESIÓN 3: Sábado, 31 de mayo de 2003: Sesión de Trabajo en el Hotel-Escuela de la CAM. 9 a 14 h.

"Crear y crear en el aula y en los claustros desde la Inteligencia Emocional". Cómo compartir y crear soluciones para afrontar los nuevos retos en los claustros y en las aulas. Aportaciones de la inteligencia emocional. Técnica de análisis DAFO sobre la actividad docente.

- Ponencia a cargo de **Jerónimo García Ugarte.**

SESIÓN 4: Sábado, 31 de mayo de 2003: Sesión de Trabajo en el Hotel-Escuela de la CAM. 16 a 20 horas.

"La renovación metodológica como estrategia preventiva del Burn Out".

La metodología como estrategia preventiva del Burn Out. Nuevas metodologías I. Técnica Wall Chart para el trabajo y análisis en grupo.

- Ponencia a cargo de **Olga Casanova.**

SESIÓN 5: Domingo, 1 de junio de 2003: Sesión de Trabajo en el Hotel Escuela CAM. De 9 a 14 h.

"Nuevas Metodologías. Nuevas formas de enseñanza y aprendizaje". Nuevas Metodologías II. La música como recurso para reforzar aspectos metodológicos. Creación de materiales. Refuerzo de la creatividad en las actividades y propuestas metodológicas para fomentar nuevas formas de enseñanza y aprendizaje.

- Ponencia a cargo de **Olga Casanova y Lourdes Bazarra.**

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- **Cumplimentación de los formularios de evaluación del CAP Retiro.**
 - **Clausura.**

E Learningpackage: Methods, Materials

Folder given to each participant teacher, with the Module 3 programme, the documentation created by the referents, E:BOP evaluation test and CAP evaluation test.

F Qualitative Evaluation

1. Qualitative methods

Likes:

- New personal discovers to incorporate in the daily teaching.
- The weather, the place and the unit of the module.
- The ilusion and ethusiasm of referents.
- Share experiences with other teachers during the week-end.
- Be conscient of the importance of been happy in the classroom.
- The organisation and a very hard worker group.
- The DAFO technique.
- The practical experiences to give to the classroom.

Dislikes:

- Some sessions were too long and intensive, specially after a whole week of work.

Comments:

- Congratulations for this kind of seminars. This sort of ideas are like drops of water in the desert.
- More time to practise deeper the different methods.
- Next time could be more practical.
- To promote the interaction among teachers from the different countries during a presential seminar.
- Congratulations! This sort of ideas are like drops of water in the desert.

2. Results:

-The teachers are very satisfied to participate in the module 3 because they have learnt new ways of teaching and learning, needed to innovate and actualyse the new teachers role.